



**LiveWell** project, starting in October 2012, is a 2 years duration initiative co-founded by the European Commission through the Lifelong Learning program – **Grundtvig** subprogram.

Coordinated by **INOVA+**, ([www.inovamais.eu](http://www.inovamais.eu)) the partnership is composed of the following members:

- **University of Plymouth** (United Kingdom)
- **Bitmedia** (Austria)
- **Parkinson Association of Madrid** (Spain)
- **Ana Aslan International Foundation** (Romania)
- **Samvil ehf. Fjarkennsla.com** (Iceland)
- **Brežice General Hospital** (Slovenia)

LiveWell **aims** to develop an innovative Web-based Training and Social Networking System which targets:

- **Parkinson patients**, to self-manage their condition, reduce the burden on their caregivers and promoting their well-being and inclusion;
- **Caregivers** with access to information, training and greater support community;
- **Health and Medical Professionals** enabling them to remotely and continuously monitor the patient's participation in the activities helping to improve their effective rehabilitation.

The web-based tool to be developed will have two main features/areas:

- **Training with E-learning contents:** The system will offer both Parkinson Patients and Caregivers interactive training contents, exercises and information packages about Parkinson Disease and how to deal with patients and contribute to their active ageing.
- **Social Community:** It will present a learning and discussion platform tailored for Parkinson Patients, Caregivers and Health and Medical professionals. It will allow interaction between Parkinson Patients having respect for the privacy issues, which are so important. Moreover, through this social Community, Caregivers and Health Professionals will also be able to participate and interact, by providing tips about health care, exchange ideas and concerns, or simply, share their experiences in the treatment process of a Parkinson Patient.

#### Direct Target Groups:

- Parkinson Patients
- Caregivers – families, friends and colleagues
- Health and Medical Professionals

#### Indirect beneficiaries:

- Parkinson associations
- Policy makers
- Hospitals, medics, and other health-related organisations



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This project has been funded with the support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained herein. Project Number: 527943-LLP-1-2012-1-PT-GRUNDTVIG-GMP

